

# WORKING WITH PEOPLE WHO HAVE SEXUALLY HARMED – A THEORETICAL & PRACTICAL TRAINING DAY [Foundation]



This 1 day training course will be of interest to professionals working with adults and young people who have sexually harmed, have convictions for sexual offending or are at risk of doing so.

The training will increase delegates' knowledge and understanding of theories around why people sexually harm, the prevalence of such behaviour, risk assessment and risk management. We will address issues around participants' own attitudes and beliefs and any associated 'blocks' to working with people who have sexually harmed. We will also provide a framework and worksheets for direct work that can be adapted for your individual and organisational need. We will cover the concept of 'masks' and working with resistance and finally, how participants can keep themselves emotionally and psychologically robust when working with sexual harm. Delegates will have the opportunity to apply their learning to a case study.

The training will include the following topics:

- Attitudes & beliefs – What do we/you/society think and feel about sexual offending/harmful sexual behaviour (HSB)
- What is sex offending/HSB: Definitions, prevalence and hierarchies
- Causes of sexual offending/HSB – internet and contact
- Risk assessment and risk management for those who sexually harm
- Criminal Justice System
- The Criminal Justice System and understanding the move to desistance theory and strength based approaches when working with this client group
- Creating a 'tool kit' for working with your clients
- Masks – working with resistance, manipulation, minimisation and denial
- Impact of working in the field – maintaining boundaries and looking after yourself
- Next steps for delegates

Our Trainers are professionals with extensive experience of providing services for people who have sexually offended and those with harmful sexual behaviour. We have backgrounds in probation, youth justice, police, NSPCC and private risk assessment organisations. Based on experience, research and current practice, our training offers a clear foundation upon which to build your knowledge and skills.

- 6th July - Bath
- 14th July - Plymouth
- 5th August - Dorset

# NO MORE VICTIMS

**£120 per delegate**

**Please contact [info@circlessw.org.uk](mailto:info@circlessw.org.uk) to secure your place**

**More information on each course can be found at [www.circles-southwest.org.uk/training](http://www.circles-southwest.org.uk/training)**

**Please get in touch to discuss bespoke training for your organisation. Discounts are available for group bookings including volunteers**

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