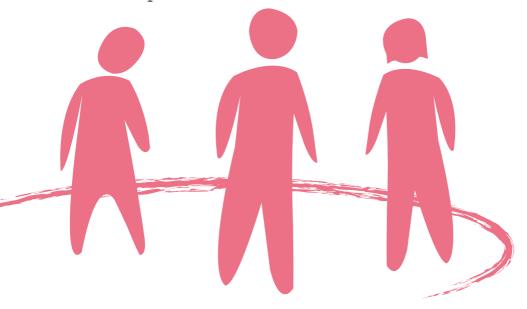


**YOT** worker



Young Adult Circles are for young people aged between 18 and 20 who have been convicted of, or have engaged in, harmful sexual behaviour and want to stop. You may be working with the youth offending team, probation or you may be about to leave a residential placement. Young Adult Circles are arranged by Circles South West, an independent charity established in 2010. We work with social care, health, police, probation and youth offending services to provide specialist support and accountability in the community.



#### How it works

A Circle consists of a Core Member (you) and up to four specially trained community volunteers. They have been told about your harmful sexual behaviour and will help you avoid behaving in harmful ways in the future. Your Circle is there to support you and help with practical things like job interviews or application forms as well as joining you on community activities. Your Circle will also "hold you to account", which means that from time to time you will be encouraged to talk about your sexual thoughts and feelings.

### The meetings

A Circle meets for around an hour once a week for up to 12 months. The first meeting will probably be at a council building and after that you will also meet at a cafe or do activities such as bowling, playing pool and trampolining.

#### Your commitment

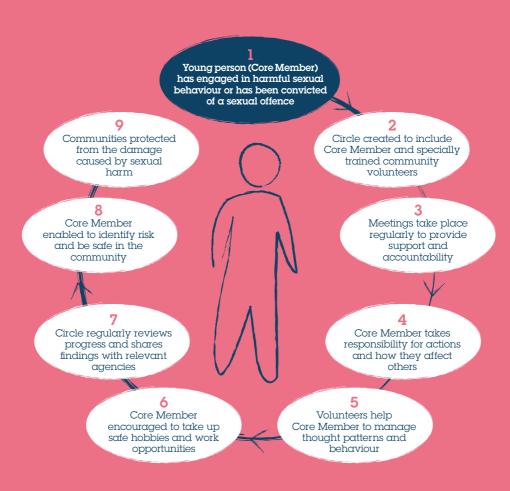
You don't have to join a Circle – they are voluntary, no one can make you do it and it isn't allowed to be a condition of a Community Sentence or Licence. However, if you do decide to join a Circle, we hope you will get a lot out of it – it's a place to talk about things that are worrying you and get help for things that you find difficult. Our volunteers have chosen to give up their time to help young people like you build confidence and have fun.

## How to join

If you are interested in joining a circle, speak to your probation officer, social worker or support worker. They will complete a referral and send it to us, then someone from Circles South West will come and meet you for a chat. If it's suitable, we will try to set up your Circle as soon as possible.



# How Circles work



Email: info@circlessw.org.uk



Avon, Cornwall, Devon, Dorset, Gloucestershire, Somerset, Wiltshire www.circles-southwest.org.uk

