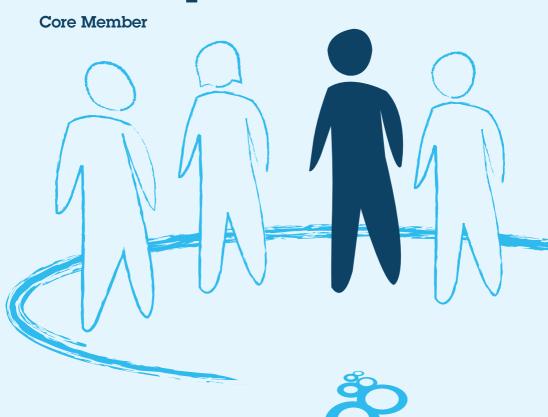
"I am now feeling better about myself and my life"



www.circles-southwest.org.uk

delivering circles of support and accountability

Circles can help you

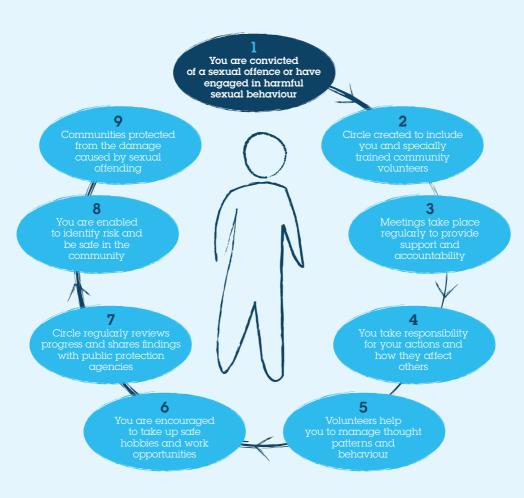
- If you have been in trouble because of your sexual behaviour.
- If you have a learning disability.
- If you find it difficult to make friends and often feel lonely.
- If you want to change.
- If you want to stay safe and move on with your life.

Circles South West supports people who have been in trouble because of their sexual behaviour. We provide support to people who have a learning disability.

Our volunteers will meet you once a week for around an hour to talk through things that are worrying you or that you find difficult. They are trained to support you and will help you stay out of trouble. You would meet the same volunteers at a safe local meeting place for 12 to 18 months.

The first step is to talk to your probation officer, psychologist or a police officer. They will contact us at Circles South West and fill out a form for you. We will then contact you to arrange a meeting.

How Circles work



Email: info@circlessw.org.uk

Tel: 07717 442413 @CirclesSW

Avon, Cornwall, Devon, Dorset, Gloucestershire, Somerset, Wiltshire

www.circles-southwest.org.uk

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