

Services for Young People & Families

Circles South West offer a variety of services to children and young people (aged 10-20) with problematic and harmful sexual behaviour. We also provide support services for partners and families of men who have sexually harmed children.

1 **Inform Young People (IYP):**

A short programme delivered on a one to-one basis for young people aged 13-21. This is a psycho-educational programme for young people in trouble with school or the police due to their technology-assisted harmful sexual behaviour (TA-HSB). IYP is owned and Licensed by the Lucy Faithfull Foundation and Circles South West is an accredited provider of this service in South West England. The programme totals 10 hours of intervention (up to 8 sessions) delivered by a professional facilitator.

2 **Circles Light Intervention Programme (CLIP):**

A short programme delivered on a one-to-one basis to children and young people aged 10-20. This psycho-educational programme was designed by Circles South West in response to an identified gap in services for children and young people with problematic sexual behaviour and low-level harmful sexual behaviour, but who are unsuitable for Inform Young People (TA-HSB). The programme totals 10 hours of intervention (up to 8 sessions) delivered by professional facilitator.

3 **Bail Support Service for Young People (BSS):**

A bespoke support package delivered on a one-to-one basis to children and young people aged 10-17 on bail for a sexual offence/s. Some young people may meet the criteria for CLIP or IYP. It is more likely however, that a non-offence focused Bail Support package would better meet individual needs. The purpose of the Bail Support Service is a 'holding place' supporting positive change, with a focus on wellbeing, attitudes and values, positive relationships etc, and signposting to other agencies for specific support e.g. substance use. Bail Support begins with an assessment of need, based on the Good Lives Model, which informs a bespoke package for the individual. The expectation is 10 hours of intervention (up to 8 sessions) delivered by a professional facilitator.

4 **Educational Workshops:**

Workshops for young people in schools, youth groups and so on. Circles South West has designed and delivered educational workshops primarily in relation to 'Consent and the Law'. We can also offer co-working in schools / youth groups and 'Train the Trainer' packages for teachers or youth work staff to cascade.

Circles of Support and Accountability for Young People (CoSA):

5

A 12-month community intervention for children and young people (10-20 years) delivered by a 'Circle' of 3 or 4 carefully selected and trained volunteers. Young People's Circles are for those who have come to the attention of agencies such as police, youth offending teams and/or social care for their harmful sexual behaviour and who have already received an intervention for this. The Circle meets weekly for around an hour each week and runs for 12 months - each Circle is overseen by a professional Circle Coordinator.

Young people's Circles aim to build confidence and self-esteem through positive relationships with the Circle volunteers. Circles support young people to develop new skills and interests, provide opportunities for social interaction and support safe integration into the local community. Formal meetings and reviews involving the 'outer Circle' (Circle Coordinator, parents/carers and professionals) take place at the start and at regular intervals throughout the 12 month intervention. Information about strengths and concerns is shared between the inner and outer Circles by a professional Circle Coordinator.

'It has been a very positive experience for the young person, I think they have learned a lot from this support and hope that they can take the tools and advice they have learned forward'. (Social Worker).

These services are provided to family members of men who have engaged in harmful sexual behaviour or who have been convicted of sexual offences against children. They are delivered on a group or one-to-one basis.

Breaking the Cycle (BtC):

1

An education and awareness raising programme for the non-offending partners (or former partners) of men who have sexually harmed children. This programme is for women with children who are (or have been) in relationships with men whose sexual behaviour towards children has caused concern or led to conviction. It complements and supports the statutory child protection process, improving outcomes for both women and children. It is generally delivered in a group setting (10 sessions) but can also be delivered on a one-to-one basis. BtC is owned and Licensed by Circles South East.

"The course has given me so much knowledge and understanding. It has empowered me to be confident that I can protect my children and show that I can." (participant)

"Before (the course) I felt isolated and that I was alone with what was going on. This course has shown me I'm not alone. The topics were relevant and my understanding has been expanded." (participant)

Inform:

2

An education and support group programme for the adult family and friends of individuals who have been arrested, cautioned or convicted of online sexual offending (involving two facilitators). The programme comprises of 5 group sessions. Inform is owned and Licensed by the Lucy Faithfull Foundation.

For more information or to discuss a referral please contact us at: info@circlessw.org.uk or info.circlessw@cs.w.cjsm.net (secure mail)

Please visit our website: www.circles-southwest.org.uk and follow us @CirclesSW